

# Volleyball

## Men's Scrimmage

Tuesday nights scrimmage offer a combination of fun, socializing and a hint of competition. Players draft teams in order to provide balanced play. Sportsmanship is the rule; not the exception!

### Fall (12 wks)

#### 30 years & over

**Tues** Sep 28 - Dec 14 8:00-9:30pm  
Kidston Elem. Gym \$66  
code #23583

### Winter (10 wks)

#### 30 years & over

**Tues** Jan 4 - Mar 8 8:00-9:30pm  
Kidston Elem. Gym \$55  
code #23585

## Men's Tier 1 Competitive

Tuesday Night is men's night on the court!  
Play is competitive and space is limited.

Priest Valley Gym  
Tuesday 7:15- 8:30pm

### Fall Oct 5 - Dec 7

code #23124 \$330

### Winter Jan 11 - Mar 15

code #23142 \$330

## Women's Leagues

Wednesday night is ladies' night, so get out with the girls & have some fun on the court.

### Fall Oct 6 - Dec 8

#### Competitive

Queen of the Court  
Priest Valley & Seaton Sec. Gyms  
6:00-10:30pm  
1.5 hour court time \$475  
Tier 2 Team code #23129

#### Recreational Tier 3

6, 7, 8 & 9:00pm  
One hour court time \$330  
Valley code #23125  
Canyon code #23126  
Foothills code #23127  
Mountain code #23128

### Winter Jan 12 - Mar 16

#### Competitive

Queen of the Court  
Priest Valley & Seaton Sec. Gyms  
6:00-10:30pm  
1.5 hour court time \$475  
Tier 2 Team code #23141

#### Recreational Tier 3

6, 7, 8 & 9:00pm  
One hour court time \$330  
Valley code #23138  
Canyon code #23139  
Foothills code #23140

## Join a Team

You want to play, but you don't have a team, no problem! We have lots of ways to get you in the game. You can participate by going to one of our drop-ins or you can get in on the fun by joining a team. You can get hooked up with a team by entering your name on our web site notice board 'Players Looking For a Team'.

**Don't sit on the sidelines! Get in the game and have a ball!**

**Over 1000 players participate in our volleyball programs.**

*all prices are before taxes*

[www.vernonvolleyball.ca](http://www.vernonvolleyball.ca)



## Christmas Classic Volleyball Tournament

### 18 years & over

"I saw mommy six pack Santa Claus". Here's your team's chance to play some great volleyball in a fun tournament format and have a Christmas party at the same time! Each team receives a stocking full of goodies and lots of great volleyball action. Three levels of play will be offered, so everyone can get in on the action. After your matches the party is at Monashee's Bar & Grill.

**Sat, Dec 11 &** Priest Valley and Dogwood Gyms  
\$ 171

#### Competitive

Tier 1 4 guys/2 girls code #23084  
Tier 2 3 guys/3 girls code #23085

#### Recreational

Tier 3 3 guys/3 girls code #23086



# Co-ed Volleyball

# ADULT

## Sunday Honeymooners

Friends & fun; a great way to finish off the weekend! Two levels of play offered.

One hour court time. \$330

**Fall Sep 26 - Dec 5** (no volleyball Oct 10)

Dogwood & Priest Valley Gym

6, 7, 8 & 9:00pm

Tier 2 Team code #23117

Tier 3 Team code #23118

**Winter Jan 9 - Mar 13**

Dogwood & Priest Valley Gym

6, 7, 8 & 9:00pm

Tier 2 Team code #23136

Tier 3 Team code #23137

## Monday Honeymooners

Shake off those Monday blahs!

Play as competitive or as recreational as you want.

**Fall Sep 27- Dec 6** (no volleyball Oct 11)

### Competitive Tier 1 and 2

King of the Court

Priest Valley

6:00-10:30pm

1.5 hour court time \$475

Tier 1 & 2 Team code #23123

### Recreational Tier 3

6, 7, 8 & 9:00pm

One hour court time \$330

Valley code #23119

Foothills code #23120

Mountain code #23121

Peak code #23122

**Winter Jan 10 - Mar 14**

### Competitive Tier 1 and 2

King of the Court

Priest Valley Gym

6:00-10:30pm

1.5 hour court time \$475

Tier 1&2 Team code #23135

### Recreational Tier 3

6, 7, 8 & 9:00pm

One hour court time \$330

Valley code #23131

Foothills code #23132

Mountain code #23133

Peak code #23134

## Friday Honeymooners

Jump into the weekend with some fun and go out with your friends after the game!

One hour court time. \$330

**Fall Oct 15 - Dec 17**

Priest Valley Gym

6, 7, 8 & 9:00pm

Tier 3 Team code #23116

**Winter Jan 14 - Mar 18**

Priest Valley Gym

6, 7, 8 & 9:00pm

Tier 3 Team code #23130

## Volleyball Drop-ins

Join in the action and have fun. Get a jump on the competition or maybe meet your future teammates at a drop-in!

Fees: \$5/person or \$45/10x pass

**Sun Sep 19-Mar 13 2:00-3:45pm**

Priest Valley Gym

cancelled: Dec 26 & Jan 2

**Tues Sep 21-Mar 15 8:30-10:00pm**

Priest Valley Gym

cancelled: Dec 21 & 28

**Thurs Sep 23-Mar 17 8:15-10:00pm**

Priest Valley Gym

cancelled: Nov 11, Dec 23, 30

**See Drop-in Sports page 35**

## Volleyball Skills Clinic

Here's your chance to learn new skills or scrape the rust off your game and get a jump on the competition. Coaches show you all the basic skills - serving, bumping, setting, movement and offensive systems.

**These are FREE clinics! You must pre-register.**

**Mon Sep 20 Priest Valley Gym**

Clinic #1 6:00-8:00pm code #23581

Clinic #2 8:00-10:00pm code #23582

**Recreation Services** is excited to offer you the most popular sport in town! We offer leagues for teams, free clinics to improve your game, fun drop-ins & a tournament. Different levels of play are offered so everybody can get in on the fun. Get the gang together and have a ball!

Leagues are for players 17 years & over that are not attending High School. Honeymooners play with 3 guys & 3 girls on the court. Everyone has fun!

### **Tier 1:**

The top calibre competitive league in town. For teams that use offensive systems and block & spike consistently.

### **Tier 2:**

Our second competitive level. Teams use a basic offensive system and can block & spike with some consistency.

### **Tier 3:**

Teams with a lower skill level that try to use a basic system & try to block & spike, but the results aren't always spectacular.

Tier 3 is broken down in to play categories based on skill:

Valley = Low Tier 3  
Canyon = Little better  
Foothills = Little better  
Mountain = Middle  
Peak = Almost Tier 2

For information about any volleyball program contact:

Shayne at 250-550-3671  
swright@vernon.ca



30th & 30th, Downtown Vernon

*all prices are before taxes*